1

A small field guide

Twelve pages for a slower walk.

2

Before you leave

Pack water, a pencil and a folded sheet.
Leave room for observations.

3

Look closely

Choose one small detail: a leaf edge, a stone or a changing shadow.

4

Draw a contour

Follow the outline without lifting the pencil. Accuracy can wait.

5

Find three textures

Record something smooth, something rough and something patterned.

6

Mark the light

Sketch where the light falls. Add the time beside your drawing.

7

Listen for a minute

Write down the nearest sound, then the farthest.

8

Trace a route

Draw your walk as a line. Mark one place you would visit again.

9

Collect a palette

Name five colors without picking or removing anything.

10

Leave a question

What changed here recently? What might change next season?

11

Make a second visit

Bring this guide back and compare what you notice.

12

Fold, carry, return

An original FolioFold sample. Print a copy and make it your own.